



PARNELL'S

Restaurant & Pub

LUNCH MENU

\$15

11am – 4pm

*(All entrees include, house salad
And soup of the day)*

CHICKEN SALAD BLT – On raisin walnut with guacamole

STEAK HOUSE CHILI – Shredded cheese, red onion, sour cream, tortilla chips

AVOCADO TOAST – Smashed avocado and two poached eggs on raisin walnut bread

BUTTERMILK BATTERED CRISPY CHICKEN SANDWICH – Baby spinach, grilled tomato, spicy cherry peppers and Old Bay aioli.

CHICKEN FRANCAISE – Lightly battered and served over potato puree

BANGERS AND MASH – Seasoned Irish sausage bangers, served with mash, caramelized onions and rosemary gravy

PULLED BBQ CHICKEN TACOS – Pico de Gallo, avocado and cilantro

FRESH TILAPIA FILET – Oreganata breadcrumbs, lemon white wine sauce, seasonal vegetable and roasted potato

GRILLED CHICKEN PENNE – Spinach, broccoli and cherry tomato in a mushroom herb broth

YANKEE POT ROAST – Served over potato puree with classic gravy