



# PARNELL'S

Restaurant & Pub

## LUNCH SOUPS AND SALADS

**TOMATO BISQUE & GRILLED CHEESE** – NY cheddar, basil oil, crème fraiche and croutons – 12

**FRENCH ONION** – Gruyere and crusty baguette - 9

**MARKET GREENS SALAD** – Red onion, tomato, cucumber and shallot vinaigrette – 9

**KALE SALAD** – Pickled onions, raisins, toasted almonds and shaved pecorino – 10

**CAESAR SALAD** – Garlic crouton and shaved parmesan – 11

**WEDGE SALAD** – Tomato, blue cheese crumble, crispy bacon and blue cheese dressing – 10

**SPICY CHICKEN COBB SALAD** – Baby greens, bacon, blue cheese crumble, avocado, tomato and hard boiled egg with house dressing – 16

**GRILLED TUNA SALAD** – Arugula, sun dried cranberries, pecans, cherry tomato, sliced cucumber and grilled summer squash in a honey lime dressing – 18

**Add Chicken** – 4, **Steak or Salmon** – 6, **Tuna** – 8 to any salad

## SANDWICHES

**BLACKENED TUNA WRAP** – Spinach tortilla, fire roasted pepper aioli, crisp butter lettuce and black bean salsa – 18

**CHICKEN SALAD BLT** – On raisin walnut with guacamole – 14

**PARNELL'S BURGER** – 9oz. fresh ground Angus on brioche with seasoned herb fries, lettuce, tomato, onion, pickle – 16

**Add Bacon or Cheese** (American, Cheddar or Swiss)– 1

**PARNELL'S SLICED STEAK SANDWICH** – Sliced hanger steak with sauteed onions, arugula and mozzarella with fire roasted pepper aioli – 18

**BUTTERMILK BATTERED CRISPY CHICKEN SANDWICH** – Baby spinach, grilled tomato, spicy cherry peppers and old bay aioli – 15

*All sandwiches served with house salad or herb seasoned French fries*

## CLASSICS AND SMALL BITES

**TRUFFLE MAC** – Cheddar, parm and swiss with bacon, kale and panko crust – 12  
**Add Chicken** – 4, **Add Steak** – 6

**BLACK BEAN TACOS** – Pico de gallo, avocado, cilantro and jalapeno aioli – 12

**STEAK HOUSE CHILI** – Black bean salsa, shredded cheese and sour cream – 13

**GRILLED CHICKEN QUESADILLA** – Pico de gallo, sour cream and black bean salsa – 14

**CHICKEN POT PIE** – Whole roasted local chicken, corn, peas and root vegetable with a flaky pastry crust – 19

**FISH & CHIPS** – Beer battered and fried, served with house tartar sauce and red cabbage slaw – 19

**SHEPHERD'S PIE** – Fresh ground Angus beef, root vegetable, sweet peas, natural jus and a potato crust – 18

**ROASTED VEGETABLES AND EGGS** – Crispy Brussels, roasted Yukons and caramelized onions in a balsamic glaze, topped with 2 sunny eggs and rye – 14

**GRILLED CHICKEN PENNE PASTA** – Cherry tomato, asparagus, sauteed mushroom, arugula, light broth – 20

## SIDE ORDERS – 7.00

Sauteed Spinach , Sauteed Kale , Herb Roasted Yukon Gold Potatoes,  
Roasted Garlic Mash, Herb French Fries , Creamed Spinach, Mac n Cheese,  
Sauteed Broccoli, Sauteed Brussel Sprouts

18% gratuity will be added to parties of 6 or more